

⊕ EV'RY TIME I FEEL THE SPIRIT ⊕



*Feel the spirit, fire and smoke, body chills not the soul,
every time in the heart...pray.*

⊕ EV'RY TIME I FEEL THE SPIRIT ⊕

Refrain:

Ev'ry time I feel the spirit moving in my heart
I will pray.

Verse 1:

Upon the mountain when my Lord spoke,
Out his mouth came fire and smoke.
All around me look so shine,
Ask my Lord if all was mine.

Refrain:

Verse 2:

Jordan River is chilly and cold,
Chills the body but not the soul.
Ain't but one train on dis' track,
runs to heaven and right back.

Refrain:

Recommendations:

One to ten dancers, accompanied by ensemble, piano, organ or drums. Tempo is fast and rhythmic, mood upbeat and spirited. Dancers may also hold a drum or tambourine.

Refrain:

Ev'ry Time I Feel the Spirit Moving in My Heart, I will pray. (2 times)

Dancers walk forward with a step/tap (step on one foot, tap the other near it) while swaying side to side and clapping hands vigorously in front of face (or playing an instrument). (fig. 1) On "pray," bring hands to prayer position, lean back and face up.



Figure 1

Dancers with instruments



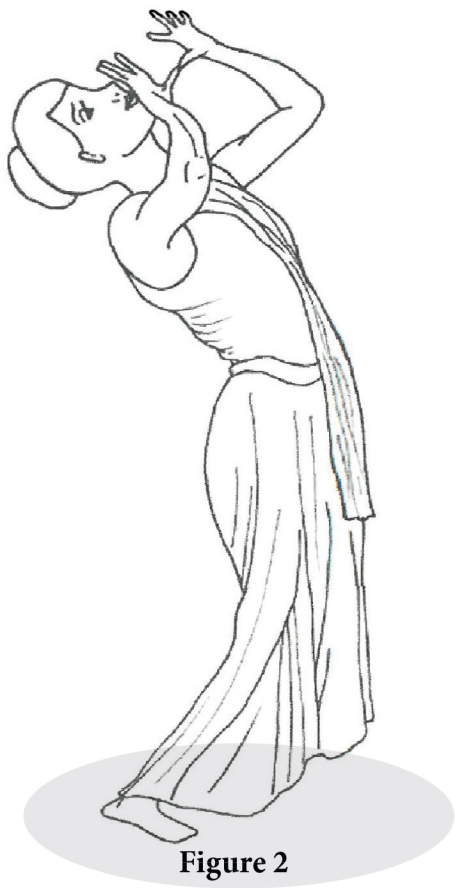


Figure 2
Hands in calling position



Figure 4
Floating hands

Verse 1:

Upon the mountain when my Lord spoke

Dancers run from sides to face a partner in the center. Touch hands overhead, then turn back-to-back, placing hands in a calling position above the mouth, then extending them up.

(fig. 2)



Figure 3
Pulsing hands

out his mouth came fire and smoke.

Dancers turn in individual circles, patting down and pulsing hands to represent fire and smoke. (fig. 3)

All around me look so shine, ask my Lord...

Dancers move around chancel in a triplet walk, alternating between a crouch, medium and high, while hands float in space. (fig. 4) On "ask my Lord," dancers fall softly to floor, then rise.



... if all was mine.

Dancers rise while lifting arms forward, then up to ceiling. Then slowly contract; head down, knees bent, arms wrapped around themselves. (fig. 5)

Refrain:

Repeat refrain choreography.

Verse 2:

Jordan River is chilly and cold,

Dancers walk in a small circle, swinging arms in a wave-like movement. (fig. 6)



Figure 6
Swinging arms



Figure 5
Self-embrace





Figure 7
Warm the body



Figure 8
Kneeling in prayer

chills the body but not the soul.

With head down, wrap arms around shoulders (fig. 7) as though warming the body. On “not the soul”, drop to the left knee, (fig. 8) swing arms back and around to prayer position, and look up.

Ain’t but one train on dis track, runs to heaven and right back.

Moving arms and legs in a locomotive motion (while lowering and raising body), circle to the right. On “runs to heaven,” dancers lift left arm straight above head, palm facing forward. Lower it until palm is next to face. On “right back,” flex left hand and push forward. (fig. 9)



Figure 9
Arm extended

